



## **IS YOUR TEEN . . .**

- ♦ **shy around new people?**
- ♦ **uncomfortable in social situations?**
- ♦ **afraid to speak in class?**
- ♦ **uneasy about talking on the phone?**
- ♦ **hesitant to get together with peers?**

If any of the above statements sounds like your teen, we can help!

**Group psychotherapy for the treatment of social anxiety disorder in teens is now being offered at the Duke Child and Family Study Center.**

For more information, please contact Stephanie Best at:

**(919)416-2450**

or [stephanie.best@duke.edu](mailto:stephanie.best@duke.edu)



**DUKE UNIVERSITY HEALTH SYSTEM**