

The Duke ADHD Program

Duke University Medical Center

Duke ADHD Clinic Services

In addition to evaluation and treatment, the Duke ADHD clinic also offers the following:

- Psycho-educational evaluations
- Parent & child education classes
- Parenting consultation & behavior therapy
- Adult coping skills
- School consultations
- Academic summer treatment program for middle school students
- Clinical research trials
- Learning Center/Resource Room

Duke Child & Family Study Center
718 Rutherford Street
Durham, NC 27710



For additional information or to schedule
an appointment please call

919-416-2096

or visit our web site:

<http://www2.mc.duke.edu/AHDPprogram/index.html>

The Duke ADHD Program
Duke University Medical Center

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*... leading the nation
in research and
clinical services*

919-416-2096



The Duke ADHD Program

The *Duke ADHD Program* is part of the Department of Psychiatry at the Duke University Medical Center. We are a clinical, research, and training program. We offer comprehensive, state-of-the-art clinical assessment and evidence-based treatment services for children, adolescents, and adults with Attention-Deficit/Hyperactivity Disorder (known as ADD or AD/HD).

AD/HD can be a difficult disorder to diagnose because it can look like other impairments; therefore, it is essential to rule out other conditions that might be the true cause of the symptoms. That is why it is important to have an extensive evaluation conducted by a qualified professional.

Understanding Attention Deficit/Hyperactivity Disorder (AD/HD)

Attention deficit/hyperactivity disorder (AD/HD) is a treatable condition that can be present in both children and adults. It affects 3-7 percent of school-age children and between 2-4 percent of adults. Symptoms of AD/HD usually surface by age 7 and can be characterized by problems in one or more of the following areas:

- *Inattentiveness
- *Distractibility
- *Impulsiveness
- *Hyperactivity

Typically ADHD symptoms occur in early childhood. Symptoms can continue into adulthood. It is important to note that children and adults may have symptoms without hyperactivity.

Most people show signs of these core behaviors at one time or another. For this reason, the guidelines for determining an ADHD diagnosis are very specific. Our clinicians with the *Duke ADHD Program* are experts at identifying potential problems.

Evaluation

The *Duke ADHD Clinic* provides comprehensive ADHD evaluations for children, adolescents, and adults to determine whether criteria for ADHD are met.

Along with a review of the individual's (child or adult) medical and psychological history, an evaluation would include a series of interviews with the person to assess social, emotional, and behavioral functioning, input from others (for example, parents, teachers, spouse), and additional assessment measures as recommended.

Treatment

If it is determined that ADHD symptoms are present and other alternative causes of symptoms are ruled out, our clinicians will work closely with you or your child to develop a comprehensive, individualized treatment program using a variety of strategies and may include medication, individual skills training, and behaviorally-oriented psychosocial treatment.